

BULLYING PREVENTION AND INTERVENTION POLICY

We identify as early as possible any students who are at risk, and, we devise appropriate strategies of intervention.

(In the Footsteps of Marcellin Champagnat #161)

Rationale

Bullying is the repeated and intentional behaviour of causing fear, distress or harm towards another person that involves an imbalance of power. It can involve humiliation, domination, intimidation, victimisation and harassment. In any bullying incident there are likely to be three parties involved: the bully, the person being bullied, and bystanders.

Bullying can take many forms including:

- Physical bullying which involves physical actions such as hitting, pushing, obstructing or intimidating someone. Damaging, stealing or hiding personal belongings is also a form of physical bullying.
- Psychological bullying is when words or actions are used to cause psychological harm. Examples of psychological bullying include name calling, teasing or making fun of someone because of their actions, appearance, physical characteristics or cultural background.
- Indirect bullying is when deliberate acts of exclusion or spreading of untrue stories are used to hurt or intimidate someone.
- Cyber bullying is the ongoing abuse of power to threaten or harm another person using technology. Cyber bullying can occur in chat rooms, on social networking sites, through emails or on mobile phones.

Context

Newman College recognises its duty to students to provide a safe and positive learning environment where individual differences and diversity within the College is respected and accepted.

Bullying is not tolerated at Newman College. It is our policy that:

- Bullying be managed through a 'whole College community' approach involving students, workers and parents/carers;
- Bullying prevention strategies be implemented within the College on a continuous basis with a focus on teaching age appropriate skills and strategies to empower workers, students and parents/carers to recognise bullying and respond appropriately;
- Bullying response strategies be tailored to the circumstances of each incident;
- Workers establish positive role models emphasising our no-bullying culture; and
- Bullying prevention and intervention strategies are reviewed as required.

At Newman College we are prepared to provide reasonable adjustments to the enrolment process as an obligatory element of the Disability Discrimination Standards for Education (2005).

This policy is designed to address situations where a student has a disability and/or complex educational, social or emotional needs. As the needs of each such student will differ, the College reserves the right to amend this policy as it is applied to an individual student's circumstances to ensure the health and safety of staff, students and other members of the school community.

What Bullying is Not

There are many negative situations which, whilst being potentially distressing for students, are not bullying. These include:

- Mutual conflict situations which arise where there is disagreement between students but not an imbalance of power. Mutual conflict situations need to be closely monitored as they may evolve into a bullying situation; or
- One off acts (of aggression or meanness) including single incidents of loss of temper, shouting or swearing do not normally constitute bullying.

Signs of Bullying

Major behaviour changes in a student may be indicative of bullying. Such behavioural changes may include:

- Crying at night and having nightmares;
- Refusing to talk when asked "What's wrong?";
- Having unexplained bruises, cuts or scratches;
- An unwillingness or refusal to go to school;
- Feeling ill in the mornings;
- A decline in quality of school work;
- Becoming withdrawn and lacking confidence;
- Beginning to bully siblings; and
- Acting unreasonably

Parents/carers are encouraged to recognise signs of bullying and notify the College through a trusted worker immediately (such as a classroom teacher, PCG Teacher, Leader of Wellbeing or College Psychologist) if they suspect their child is a victim of bullying.

Bullying Prevention Strategies

Newman College recognises that the implementation of whole College prevention strategies is the most effective way of eliminating, or at least minimising incidents of bullying within our community.

The following initiatives form part of our overall bullying prevention strategy and our strategy to create a 'no bullying' culture within the College:

- A structured curriculum and peer group support system that provides age appropriate information and skills relating to bullying (including cyber bullying) and bullying prevention, to students over the course of the academic year;
- Education, training and professional development of workers in bullying prevention and response strategies;
- Regular provision of information to parents/carers, to raise awareness of bullying as a College community issue to equip them to recognise signs of bullying, as well as to provide them with clear paths for raising any concerns they may have relating to bullying directly with the College;
- Promotion of a supportive environment that encourages the development of positive relationships and communication between workers, students and parents/carers;
- Promotion of responsible bystander behaviour amongst students;
- Reporting of incidents of alleged bullying by students, bystanders, parents/carers and workers is encouraged, and made easy through the establishment of multiple reporting channels (as specified below);
- Regular risk assessments of bullying within the College are undertaken by surveying students to identify bullying issues that may ordinarily go unnoticed by workers;
- Records of reported bullying incidents are maintained and analysed, in order to identify persistent bullies and/or victims and to implement targeted prevention strategies where appropriate;
- Statements supporting bullying prevention are included in the students' College diaries; and
- Promotion of student awareness and a 'no bullying' environment.

Reporting Bullying

Students and their parents/carers are sometimes reluctant to pursue bullying incidents, for fear that it will only make matters worse.

A key part of Newman College's bullying prevention and intervention strategy is to encourage reporting of bullying incidents as well as providing assurance to students who experience bullying (and parents/carers) that:

- Bullying is not tolerated within the College;
- Their concerns will be taken seriously; and
- The College has a clear strategy for dealing with bullying issues.

Bullying incidents can be advised to the College verbally (or in writing) through any of the following avenues:

- Informing a trusted teacher;
- Informing the College Psychologist/Counsellors;
- Informing the classroom teacher; or
- Informing a Leader of Wellbeing

Responding to Bullying

Bullying behaviours vary enormously in their extent and intent and, as a consequence, each incident needs to be dealt with on its facts.

In all circumstances the College:

- Takes bullying incidents seriously;
- Provides assurance to the victim that they are not at fault and their confidentiality will be respected;
- Takes time to properly investigate the facts including discussing the incident with the victim, the bully and any bystanders;
- Takes time to understand any concerns of individuals involved;
- Maintains records of reported bullying incidents; and
- Will escalate its response when dealing with persistent bullies and/or severe incidents.

Actions that may be taken when responding to bullying include restorative practice.

These approaches may be used to intervene in group or relational bullying situations. They are only appropriate during the initial stages. They are not appropriate for persistent or severe bullying incidents.

- Notification of/consultation with parents/carers;
- Offering counselling to persistent bullies/victims;
- Implementing effective follow up strategies; and
- Disciplinary action at the Principal's discretion.

Worker's Responsibility

All workers are responsible to:

- Model appropriate behaviour at all times;
- Deal with all reported and observed incidents of bullying in accordance with this policy;
- Ensure that any incident of bullying that they observe or is reported to them, is recorded appropriately;
- Be vigilant in monitoring students that have been identified as either persistent bullies or victims; and
- Acknowledge the right of parents/carers to speak with College authorities if they believe their child is being bullied.

Implementation

- This policy is implemented through a combination of:
- Worker training;
- Student and parent/carer education and information;
- Effective incident reporting procedures;
- Effective management of bullying incidents when reported;
- The creation of a 'no bullying' culture within the College community;
- Effective record keeping procedures; and
- Initiation of corrective actions where necessary



NEWMAN
COLLEGE

A CATHOLIC SCHOOL
EDUCATING IN THE
MARIST TRADITION



Shine
through
Discovery

LET YOUR LIGHT SHINE
MATTHEW 5:16