



Dear Parents/Guardians

The College is a member of the Northern Associated Schools (NAS) sporting program and competes against **John XXIII, Sacred Heart, Chisholm, and Servite Colleges.**

NAS Sport offers the school community opportunities to further develop a strong culture. Participating in sport and belonging to a team improves a student's social, physical and mental well-being. Latest research also reveals there is a positive link between physical activity and academic achievement.

"The evidence indicates that regular physical activity is likely to provide children with the optimum physiological condition for maximising learning." Dr Karen Martin, Research Fellow, UWA.

It is a responsibility of all members of the College community to commit to and promote NAS Sport. This in turn will help motivate our students to give of their best, resulting in a more positive experience for all. Important points:

- **HOME** fixtures are played at the Marcellin Campus starting at **4.00pm and finishing at 5.00pm**. Students to be collected by parents at the appropriate time
- **Year 7 play Monday**
- **Year 8/9 play Tuesday**
- **Year 10/11/12 play Wednesday**
- **AWAY** fixtures see students bused (**students leave class at 3.00pm**) to the various venues for competition and returned to Campus at **approx. 5.30pm**
- Uniform is a very important element of the competition (see student diary). **Students will NOT participate if they have incorrect uniform for their specific sport**
- Students are to bring their **own water bottle** for all sports
- **If students cannot play a fixture, it is their responsibility to notify the coach, and if possible, find someone to take their place if required. Simply not turning up is unacceptable and sanctions will apply. Commitment to the team is IMPORTANT.**
- All information (including fixtures) and coach/player communication takes place inside each **Sport Forum** found on **SEQTA**
- Badminton and Floorball play **AWAY** games each week at a central venue

We wish all teams an enjoyable and successful season.

Matt Connell

Head of Sport

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Challenge — Collaborate — Create — Celebrate

Please return this slip to your Team Coach

I give permission for my child _____ to travel by bus to away games.

Parent Sign: _____

Date: _____

I agree to notify the coach immediately if I am unable to play and, if possible, find a replacement player.

Student Sign: _____

Date: _____

*Please make a note below if there are any medical conditions that the team coach needs to be aware of.

MEDICAL CONDITIONS:
