



### ACC ATHLETICS SCHEDULE 2019

<b>WEEK 3</b>		Thursday 8 August  *No Training  <b>School Guild Athletics Carnival</b>
<b>WEEK 4</b>	Tues 13 August  7.10am -8.10am Newman Run Club  3.30pm-4.30pm SQUAD TRAINING	Thursday 15 August  7.10am -8.10am SQUAD TRAINING + Newman Run Club
<b>WEEK 5</b>	Tues 20 August  7.10am -8.10am Newman Run Club  3.30pm-4.30pm SQUAD TRAINING	Thursday 22 August  7.10am -8.10am SQUAD TRAINING + Newman Run Club  <b>Bacon and Eggs Breakfast</b>
<b>WEEK 6</b>	Tues 27 August  *No Training  <b>NAS ATHS MEET State Athletics Centre Years 7 - 10</b>	Thursday 29 August  7.10am -8.10am SQUAD TRAINING + Newman Run Club
<b>WEEK 7</b>	Tues 3 September  7.10am -8.10am Newman Run Club  3.30pm-4.30pm SQUAD TRAINING  <b>Sausage Sizzle</b>	Thursday 5 September  7.10am -8.10am SQUAD TRAINING <b>RELAY PRACTICE</b> + Newman Run Club
<b>WEEK 8</b>	Tues 10 September  7.10am -8.10am Newman Run Club  3.30pm-4.30pm SQUAD TRAINING + <b>RELAY PRACTICE</b>	Thursday 12 September  7.10am – 8.10am SQUAD TRAINING <b>RELAY PRACTICE</b> + Newman Run Club
<b>WEEK 9</b>	Tues 17 September  7.10am -8.10am Newman Run Club  <b>Pasta lunch</b> 3.30pm-4.30pm SQUAD TRAINING + <b>RELAY PRACTICE</b>	Wed 18 September  <b>ACC A DIVISION CARNIVAL</b>  <b>State Athletics Centre</b>

**Challenge — Collaborate — Create — Celebrate**

